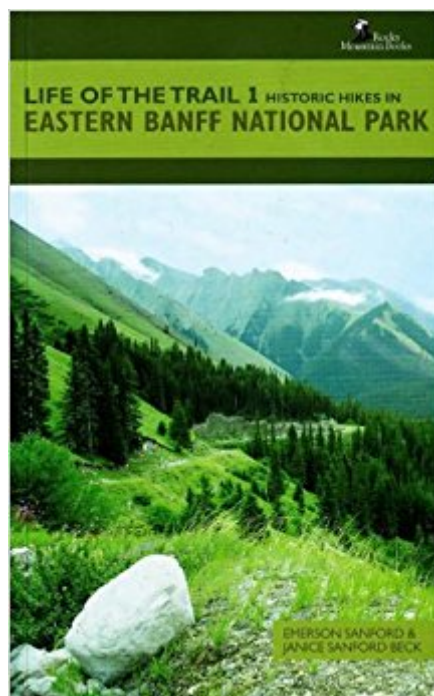


The book was found

Life Of The Trail 1: Historic Hikes In Eastern Banff National Park



Synopsis

Life of the Trail is a fascinating new series which will guide today's hikers and armchair travellers through the stories of historic routes in the Canadian Rockies. When authors Emerson Sanford and Janice Sanford Beck began backpacking together nearly 20 years ago, they often wondered whose footsteps they were tracing and how today's trails through the Rockies came to be. In Life of the Trail, they share their findings with adventurers and history buffs alike. Life of the Trail 1: Historic Hikes in Eastern Banff National Park follows the trails of David Thompson, Walter Wilcox, the Palliser Expedition, James Carnegie Earl of Southesk, Bill Peyto and A.P. Coleman. Along the way, the reader will journey from the Kootenay Plains to Lake Minnewanka, discovering the stories behind routes through the mountain towns of Banff and Lake Louise and along the Red Deer, Ptarmigan and Skoki valleys.

Book Information

Series: Life of the Trail (Book 1)

Paperback: 240 pages

Publisher: Rocky Mountain Books; 1 edition (May 1, 2008)

Language: English

ISBN-10: 1894765990

ISBN-13: 978-1894765992

Product Dimensions: 5.5 x 1 x 8.5 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #6,776,173 in Books (See Top 100 in Books) #77 in [Books > Travel > Canada > Cities > Banff](#) #180 in [Books > Travel > Canada > Provinces > Alberta](#) #316 in [Books > Travel > Canada > National Parks](#)

Customer Reviews

Emerson Sanford, originally from Nova Scotia, first visited the mountains of western Canada in the summer of 1961. Eleven years later, he moved to Alberta and has been hiking ever since. Emerson has solo hiked every historic route and most long trails between Mount Robson and the Kananaskis Lakes over 3000 km in the past five years! He now lives in Canmore with his wife, Cheryl. Janice Sanford Beck is the author of the bestselling *No Ordinary Woman: The Story of Mary Schaffer Warren* (Rocky Mountain Books). She has also written the introduction to the latest edition of *Mary Schaffer's Old Indian Trails of the Canadian Rockies* (Rocky Mountain Books) and, with Cheryl

Sanford, researched the Mary Schaffer Warren portion of the Glenbow Museums permanent exhibit called Mavericks: An Incurable History of Alberta. Janice lives in Saskatoon with her partner, Shawn, and their children.

[Download to continue reading...](#)

Life of the Trail 1: Historic Hikes in Eastern Banff National Park Banff National Park Hiking Guide: A Guide to Day Hikes in Banff National Park Hiking, Laughing, Eating and Elking in Banff National Park, Canada: A Practical Guide to Staying in Banff National Park the Thrifty Way (An Off the beaten Path Adventure Book 2) Banff National Park& the Canadian Rockies For Dummies (For Dummies Travel: Banff National Park & the Canadian Rockies) Tennessee Trails: Hikes Along the Appalachian Trail, Trail of the Lonesome Pine, Cherokee National Forest Trail and Many Others Day Hikes in Yellowstone National Park: 25 Favorite Hikes (The Day Hikes Series) Banff North [Banff and Yoho National Parks] (National Geographic Trails Illustrated Map) Banff South [Banff and Kootenay National Parks] (National Geographic Trails Illustrated Map) Fifty Hikes in Eastern Pennsylvania: Day Hikes and Backpacks from the Susquehanna to the Delaware (50 Hikes) 50 Hikes in Massachusetts: A Year-Round Guide to Hikes and Walks from the Top of the Berkshires to the Tip of Cape Cod (50 Hikes in Louisiana: Walks, Hikes, & Backpacks in the Bayou State) 50 Hikes in the White Mountains: Hikes and Backpacking Trips in the High Peaks Region of New Hampshire (50 Hikes in Louisiana: Walks, Hikes, & Backpacks in the Bayou State) 50 Hikes in New Jersey: Walks, Hikes, and Backpacking Trips from the Kittatinnies to Cape May (50 Hikes in Louisiana: Walks, Hikes, & Backpacks in the Bayou State) 50 Walks and Hikes in Banff National Park A guide to Morija: Including self-guided walking tours of historic Morija Mission, mountain "lakes" trail, dinosaur footprints trail, Makhoarane trail Hiking Tennessee Trails: Hikes Along Natchez, Trace, Cumberland Trail, John Muir Trail, Overmountain Victory Trail, and many others (Regional Hiking Series) 10 Classic Hikes around the Town of Banff in the Canadian Rocky Mountains: The Greatest Hikes on Earth Series Lowell: The Story of an Industrial City : a Guide to Lowell National Historical Park and Lowell Heritage State Park, Lowell, Massachusetts (National Park Service Handbook) Banff National Park (National parks explorer series) Best Easy Day Hikes Rocky Mountain National Park (Best Easy Day Hikes Series) Best Easy Day Hikes Yellowstone National Park (Best Easy Day Hikes Series)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help